



Spinach Salad with Honey Dressing

Courtesy of Jennifer Frye

This salad is a great, light dish for hot summer days — refreshing and low maintenance.

Ingredients:

9 oz spinach
¼ cup Feta cheese
8 strawberries, sliced
2 Tbsp honey
1 tsp minced parsley
1 Tbsp olive oil
½ lemon, juiced
black pepper
salt

In a small bowl, warm honey just enough to loosen, whisk in parsley, olive oil, lemon juice, black pepper, and salt. Toss dressing, spinach, and strawberries. Top with feta cheese and serve. Serves 6.

